

○ - Substitution Menu

Nutritionized Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4/1 <u>4/29</u> <u>5/27</u> <u>6/24</u></p> <p>Cheesy Potato & Turkey Ham Casserole Peas & Carrots Apple WG House-Made Dinner Roll*</p>	<p>4/2 <u>4/30</u> <u>5/28</u> <u>6/25</u></p> <p>Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese CV: Southwest Bean Salad HV: Green Beans Banana WG Soft Flour Tortilla*</p>	<p>4/3 <u>5/1</u> <u>5/29</u> <u>6/26</u></p> <p>Meatloaf & Beef Gravy Mashed Cauliflower Broccoli Honeydew WG House-Made Bread*</p>	<p>4/4 <u>5/2</u> <u>5/30</u> <u>6/27</u></p> <p>Creamy Italian Chicken Herbed Potatoes Carrot Coins Orange WG House-Made Bread*</p>	<p>4/5 <u>5/3</u> <u>5/31</u> <u>6/28</u></p> <p>Baked Mostaccioli CV: Tossed Salad ~ House-Made Italian Dressing HV: 3 Way Vegetable Blend Hawaiian Fruit Salad WG House-Made Bread*</p>
<p>4/8 5/6 6/3</p> <p>Chicken Quesadilla* Steamed Rice Corn Orange</p>	<p>4/9 <u>5/7</u> <u>6/4</u></p> <p>Meatball Marinara Rotini Pasta Broccoli Banana WG House-Made Bread*</p>	<p>4/10 <u>5/8</u> <u>6/5</u></p> <p>NEW! Parmesan Chicken & Rice Casserole CV: Cucumber Slices ~ House-Made Ranch Dip HV: Green Beans Hawaiian Fruit Salad WG House-Made Bread*</p>	<p>4/11 <u>5/9</u> <u>6/6</u></p> <p>Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Apple WG Soft Flour Tortilla*</p>	<p>4/12 <u>5/10</u> <u>6/7</u></p> <p>Macaroni & Cheese CV: Fresh Broccoli ~ House-Made Ranch Dip HV: Carrot Coins Cantaloupe WG House-Made Bread*</p>
<p>4/15 <u>5/13</u> <u>6/10</u></p> <p>Swedish Meatballs Rotini Pasta Carrot Coins Apple WG House-Made Dinner Roll*</p>	<p>4/16 <u>5/14</u> <u>6/11</u></p> <p>BBQ Chicken Corn Diced Sweet Potatoes Banana WG House-Made Bread*</p>	<p>4/17 <u>5/15</u> <u>6/12</u></p> <p>Beef Chili** Rotini Pasta 3 Way Vegetable Blend Pineapple WG House-Made Corn Bread*</p>	<p>4/18 <u>5/16</u> <u>6/13</u></p> <p>Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese CV: Southwest Bean Salad HV: Peas & Carrots Orange WG Soft Flour Tortilla*</p>	<p>4/19 <u>5/17</u> <u>6/14</u></p> <p>Cheese Ravioli in Marinara Sauce* CV: Tossed Salad ~ House-Made Italian Dressing HV: Broccoli Honeydew WG House-Made Bread*</p>
<p>4/22 5/20 6/17</p> <p>Crispy Chicken Mashed Cauliflower Broccoli Orange WG House-Made Dinner Roll*</p>	<p>4/23 <u>5/21</u> <u>6/18</u></p> <p>Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Spanish Brown Rice* Banana Corn Tortilla Chips</p>	<p>4/24 <u>5/22</u> <u>6/19</u></p> <p>Macaroni & Cheese CV: Fresh Broccoli ~ House-Made Ranch Dip HV: Carrot Coins Cantaloupe WG House-Made Bread*</p>	<p>4/25 <u>5/23</u> <u>6/20</u></p> <p>Fresh Sliced Turkey & Cheese Wrap ~ Honey Mustard Shredded Lettuce Green Beans Apple WG Soft Flour Tortilla*</p>	<p>4/26 <u>5/24</u> <u>6/21</u></p> <p>Sloppy Joe CV: Cucumber Slices ~ House-Made Ranch Dip HV: Green Peas Pear WG House-Made Bun*</p>

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Courtney Burrows, MBA, RDN, LDN

(* Denotes item is whole grain

Menus are subject to change



Follow Us On:

www.qualitycateringforkids.com

Phone (847) 356-7513 ~ Fax (847) 356-8014

○ - substitution menu