

○ - Substitution menu

Nutritionized Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY											
12/31	1/28	2/25	3/25	1/1 (closed)	1/29	2/26	3/26	1/2	1/30	2/27	3/27	1/3	1/31	2/28	3/28	1/4	2/1	3/1	3/29
	Crispy Chicken Steamed Rice QC Vegetable Blend Orange WG House-Made Dinner Roll*		Parmesan Noodles & Chicken Carrot Coins Banana WG House-Made Bread*		Macaroni & Cheese CV: Fresh Broccoli ~ House-Made Ranch Dip HV: Green Beans Cantaloupe WG House-Made Bread*		Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Apple WG Soft Flour Tortilla*		Sloppy Joe CV: Cucumber Slices ~ House-Made Ranch Dip HV: Winter Blend Vegetables Pear WG House-Made Bun*										
1/7	2/4	3/4	1/8	2/5	3/5	1/9	2/6	3/6	1/10	2/7	3/7	1/11	2/8	3/8					
NEW!	Vegetable Soup & American Cheese Sandwich Broccoli Apple WG House-Made Bread*		BBQ Chicken Diced Sweet Potatoes Corn Banana WG House-Made Bread*		Meatloaf & Beef Gravy Mashed Cauliflower Carrot Coins Watermelon WG House-Made Bread*		Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese CV: Southwest Bean Salad HV: Green Beans Orange WG Soft Flour Tortilla*		Cheese Ravioli in Marinara Sauce* CV: Tossed Salad ~ House-Made Italian Dressing HV: Broccoli Honeydew WG House-Made Bread*										
1/14	2/11	3/11	1/15	2/12	3/12	1/16	2/13	3/13	1/17	2/14	3/14	1/18	2/15	3/15					
	Meatball Marinara Rotini Pasta Carrot Coins Orange WG House-Made Dinner Roll*		Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Spanish Brown Rice* Banana Corn Tortilla Chips		Chicken Chili** Rotini Pasta CV: Cucumber Slices ~ House-Made Ranch Dip HV: Broccoli Honeydew WG House-Made Corn Bread*		Turkey & Cheese Wrap ~ Honey Mustard Shredded Lettuce Corn Apple WG Soft Flour Tortilla*		Macaroni & Cheese CV: Fresh Broccoli ~ House-Made Ranch Dip HV: Carrot Coins Watermelon WG House-Made Bread*										
1/21	2/18	3/18	1/22	2/19	3/19	1/23	2/20	3/20	1/24	2/21	3/21	1/25	2/22	3/22					
	Cheesy Potato & Turkey Ham Casserole Peas & Carrots Apple WG House-Made Dinner Roll*		Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla*		Creamy Italian Chicken Rotini Pasta CV: Fresh Broccoli ~ House-Made Ranch Dip HV: Carrot Coins Pineapple WG House-Made Bread*		Swedish Meatballs Herbed Potatoes 3 Way Vegetable Blend Pear WG House-Made Bread*		Baked Mostaccioli CV: Tossed Salad ~ House-Made Italian Dressing HV: Green Beans Cantaloupe WG House-Made Bread*										

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Courtney Burrows, MBA, RDN, LDN

(*) Denotes item is whole grain
Menus are subject to change



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