

Substitution Menu



Nutritionized Menu



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| 7/2 7/30 8/27 9/24 NEW! Creamy Italian Chicken Rotini Pasta Broccoli Orange WG House-Made Dinner Roll* | 7/3 7/31 8/28 9/25 Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla* | 7/4 (closed) 8/1 8/29 9/26 Shells & Cheese CV: Celery Sticks ~ House-Made Ranch Dip NEW! HV: California Blend Cantaloupe WG House-Made Bread* | 7/5 8/2 8/30 9/27 Crispy Chicken Mashed Potatoes Diced Carrots Apple WG House-Made Bread* | 7/6 8/3 8/31 9/28 Sloppy Joe CV: Cucumber Slices ~ House-Made Ranch Dip HV: Green Beans Watermelon WG House-Made Bun* |
| 7/9 8/6 9/3 (closed) Parmesan Noodles & Chicken QC Vegetable Blend Apple WG House-Made Dinner Roll* | 7/10 8/7 9/4 Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla* | 7/11 8/8 9/5 Meatballs & Beef Gravy Herbed Potatoes Broccoli Honeydew WG House-Made Bread* | 7/12 8/9 9/6 Chicken Chili** Steamed Rice CV: Cucumber Slices ~ House-Made Ranch HV: Green Beans Pear WG House-Made Corn Bread* | 7/13 8/10 9/7 Cheese Ravioli in Marinara Sauce* CV: Tossed Salad ~ House-Made Italian Dressing HV: Peas & Carrots Cantaloupe WG House-Made Bread* |
| 7/16 8/13 9/10 NEW! Beef Picadillo Steamed Rice Cauliflower Orange WG House-Made Dinner Roll* | 7/17 8/14 9/11 Baked Mostaccioli California Blend Banana WG House-Made Bread* | 7/18 8/15 9/12 Turkey & Cheese Wrap ~ Honey Mustard Shredded Lettuce CV: Coleslaw HV: Carrot Coins Pear WG Soft Flour Tortilla* | 7/19 8/16 9/13 BBQ Chicken Diced Sweet Potatoes CV: Creamy Cucumber Salad HV: Broccoli Apple WG House-Made Bread* | 7/20 8/17 9/14 Cheesy Potato & Turkey Ham Casserole Green Peas Pineapple WG House-Made Bread* |
| 7/23 8/20 9/17 Chicken & Country Gravy Mashed Potatoes Corn Apple WG House-Made Dinner Roll* | 7/24 8/21 9/18 Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Spanish Brown Rice* Banana Corn Tortilla Chips | 7/25 8/22 9/19 Meatball Marinara Rotini Pasta Broccoli Pineapple WG House-Made Bread* | 7/26 8/23 9/20 Chicken Quesadilla* CV: Southwestern Salad HV: QC Vegetable Blend Orange | 7/27 8/24 9/21 Macaroni & Cheese CV: Cucumber Slices ~ House-Made Ranch Dip HV: Carrot Coins Honeydew WG House-Made Bread* |

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Courtney Burrows, MBA, RDN, LDN

(*) Denotes item is whole grain
Menus are subject to change



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