



Nutritionized Menu



Substitution menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY												
4/2	4/30	5/28	6/25	4/3	5/1	5/29	6/26	4/4	5/2	5/30	6/27	4/5	5/3	5/31	6/28	4/6	5/4	6/1	6/29	
BBQ Meatballs Diced Sweet Potatoes Green Beans Apple WG House-Made Dinner Roll*		Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla*		Macaroni & Cheese CV: Cucumber Slices ~ House-Made Ranch Dip HV: Broccoli Watermelon WG House-Made Bread*		Italian Style Chicken Herbed Potatoes Diced Carrots Orange WG House-Made Bread*		Turkey & Cheese Wrap ~ Honey Mustard Shredded Lettuce NEW! CV: Creamy Cucumber Salad HV: 3 Way Vegetables Cantaloupe WG Soft Flour Tortilla*												
4/9	5/7	6/4	4/10	5/8	6/5	4/11	5/9	6/6	4/12	5/10	6/7	4/13	5/11	6/8	4/16	5/14	6/11	4/17	5/15	6/12
NEW! Cheesy Potato & Ham Casserole Broccoli Orange WG House-Made Dinner Roll*		Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Spanish Brown Rice* Banana Corn Tortilla Chips		Chicken Chili** Rotini Pasta Green Beans Pineapple WG House-Made Corn Bread*		Shells & Cheese CV: Celery Sticks ~ House-Made Ranch Dip HV: Diced Carrots Apple WG House-Made Bread*		Sloppy Joe NEW! CV: Coleslaw HV: Cauliflower Watermelon WG Mini Hamburger Bun*												
4/16	5/14	6/11	4/17	5/15	6/12	4/18	5/16	6/13	4/19	5/17	6/14	4/20	5/18	6/15	4/19	5/17	6/14	4/20	5/18	6/15
NEW! Crispy Chicken Mashed Potatoes Diced Carrots Apple WG House-Made Dinner Roll*		NEW! Cheeseburger Casserole Green Beans Banana WG House-Made Bread*		Chicken Quesadilla CV: Southwestern Salad HV: Peas & Carrots Melon Mix WG Soft Flour Tortilla*		Meatball Marinara Rotini Pasta CV: Tossed Salad ~ House-Made Ranch Dressing HV: 3 Way Vegetables Orange WG House-Made Bread*		Macaroni & Cheese Broccoli Pineapple WG House-Made Bread*												
4/23	5/21	6/18	4/24	5/22	6/19	4/25	5/23	6/20	4/26	5/24	6/21	4/27	5/25	6/22	4/23	5/21	6/18	4/24	5/22	6/19
Baked Mostaccioli Peas & Carrots Orange WG House-Made Dinner Roll*		Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla*		BBQ Chicken Diced Sweet Potatoes Broccoli Apple WG House-Made Bread*		Parmesan Noodles & Chicken CV: Cucumber Slices ~ House-Made Ranch Dip HV: Green Beans Watermelon WG House-Made Bread*		NEW! Cheese Ravioli in Marinara Sauce CV: Tossed Salad ~ House-Made Italian Dressing HV: QC Vegetable Blend Cantaloupe WG House-Made Bread*												

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Courtney Burrows, MBA, RDN, LDN

(*) Denotes item is whole grain
Menus are subject to change

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 Phone (847) 356-7513 ~ Fax (847) 356-8014